

# bb originals

	half	whole
<b>Bart's Bag</b> 🍷	<b>\$5.25</b>	<b>\$8.50</b>
Turkey, brie, lettuce, tomato, red onion, honey mustard, mayonnaise on a Baguette.		
<b>Stan's Stack</b>	<b>\$5.25</b>	<b>\$7.75</b>
Turkey, provolone, roasted red peppers, sprouts, Russian dressing on White.		
<b>Joel's Jolt</b> 🍷	<b>\$4.99</b>	<b>\$7.50</b>
Turkey, provolone, jalapeños, lettuce, tomato, onion, Russian dressing on Ciabatta.		
<b>Molly's Crisis</b>	<b>\$5.25</b>	<b>\$7.75</b>
Turkey, hummus, cucumber, sprouts, tomato, mayonnaise on Rustic.		
<b>Pablo's Pavo</b>	<b>\$4.99</b>	<b>\$7.25</b>
Southwest turkey salad (fresh roasted turkey, Anaheim chiles, cilantro, celery, red onion, chipotle chiles, mayonnaise and sour cream), mixed greens and tomato in a Wheat Pita.		
<b>Betty's Brie</b> 🍷	<b>\$5.25</b>	<b>\$8.50</b>
Certified Angus® Roast Beef, brie, tomato, mayonnaise on a Baguette.		
<b>Enzo's Ending</b>	<b>\$5.25</b>	<b>\$7.99</b>
Pepperoni, ham, provolone, pepperoncini, lettuce, tomato, red onion, Italian dressing on a Torpedo Roll.		
<b>Kalid's Kurry</b>	<b>\$4.99</b>	<b>\$7.25</b>
Curry chicken salad (chicken, celery, scallion, curry powder, salt, white pepper, mayonnaise, raisins, jicama, lemon juice), toasted almonds, mixed greens in a Wheat Pita.		
<b>Carmela's Caprese</b> 🌿	<b>\$5.25</b>	<b>\$7.75</b>
Fresh mozzarella, tomato, fresh basil, roasted red peppers, Vinaigrette dressing on Focaccia.		
<b>Annie's Addiction</b> 🌿	<b>\$4.75</b>	<b>\$6.75</b>
Hummus, cucumber, sprouts, tomato, red onion on Rustic.		
<b>Ollie's Original</b> 🍷 🌿	<b>\$4.75</b>	<b>\$6.75</b>
Feta, olive paste, cucumber, tomato, red onion, Vinaigrette on a Baguette.		
<b>Plain Jane</b>	<b>\$4.99</b>	<b>\$7.25</b>
Served cold. Choice of meat: Certified Angus® Roast Beef, turkey or ham. Your choice of: provolone, sharp cheddar or Swiss, lettuce, tomato, red onion, mayonnaise, honey mustard.		

**Sandwiches available after 8:00am, served with your choice of one sandwich side.**

🍷 Indicates bread with a crust that may be difficult to eat if you have sensitive or delicate teeth. Please note that our olives contain pits. Please be careful!

🌿 Vegetarian

# classics

	half	whole
<b>Avi's Avo</b> 🍷	<b>\$5.25</b>	<b>\$7.75</b>
Turkey, avocado, cucumber, sprouts, mayonnaise on Ciabatta.		
<b>Cam's Classic</b>	<b>\$4.99</b>	<b>\$7.25</b>
Certified Angus® Roast Beef, lettuce, horseradish sauce on a Garlic Italian Roll.		
<b>Henry's Ham</b>	<b>\$4.99</b>	<b>\$6.99</b>
Ham, lettuce, honey mustard on White.		
<b>Bob's BLT</b>	<b>\$4.75</b>	<b>\$6.75</b>
Bacon, lettuce, tomato, mayonnaise on toasted White.		
<b>Ashlee's Albacore</b>	<b>\$4.99</b>	<b>\$7.25</b>
Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), lettuce, tomato on White.		
<b>Fran's Fromage</b> 🍷 🌿	<b>\$4.99</b>	<b>\$7.25</b>
Brie, lettuce, tomato on a Baguette.		

# our favorites

	whole
<b>Maddy's Madness</b>	<b>\$8.75</b>
Chicken, bacon, havarti, avocado, lettuce, tomato, mayonnaise on toasted Multigrain.	
<b>Rex's Revenge</b>	<b>\$7.99</b>
Chicken, shaved parmesan, lettuce, Caesar dressing on Focaccia.	
<b>Curt's Club</b>	<b>\$10.75</b>
Turkey, bacon, Swiss, lettuce, tomato, mayonnaise on toasted White. Triple Decker.	
<b>Max's Muffalotta</b> 🍷	<b>\$8.99</b>
Capicola, ham, pepperoni, provolone, artichoke hearts, roasted red peppers, olive paste, tomato, red onion, Vinaigrette on Ciabatta.	

# sandwich sides

Choose one of the following:

<b>Beyond Bread Kettle Chips</b> .....	<b>Included</b>
<b>Baked Chips</b> .....	<b>Included</b>
<b>Baby Carrots</b> .....	<b>Included</b>
<b>Pasta Salad</b> .....	<b>extra \$5.00</b>
<b>Fat Free Vinegar Slaw</b> .....	<b>extra \$5.00</b>
<b>Small Green Salad</b> .....	<b>extra \$1.00</b>
<b>Small Soup</b> .....	<b>extra \$1.00</b>

# from the oven

<b>Brad's Beef</b>	<b>whole</b>
Certified Angus® Roast Beef, provolone, green chiles, red onion, Russian dressing on White.	<b>\$7.99</b>
<b>Gordy's Gorgonzola</b>	<b>\$7.99</b>
Certified Angus® Roast Beef, gorgonzola/roasted garlic blend, red onion on Rustic.	
<b>Milton's Melt</b>	<b>\$8.50</b>
Turkey, bacon, sharp cheddar, tomato, Russian dressing on Rye.	
<b>Chad's Choice</b>	<b>\$7.75</b>
Chicken, provolone, green chiles, sprouts, mayonnaise on White.	
<b>Charlie's Chicken</b>	<b>\$8.25</b>
Chicken, bacon, sharp cheddar, tomato, red onion, barbecue sauce on a Torpedo Roll.	
<b>Pauly's Pesto</b>	<b>\$8.50</b>
Chicken, provolone, basil pesto, artichoke hearts, tomato, Italian dressing on a Garlic Italian Roll.	
<b>Colette's Cordon Bleu</b>	<b>\$8.50</b>
Chicken, ham, Swiss, honey mustard on White.	
<b>Tony's Trio</b>	<b>\$7.25</b>
Ham, provolone, honey mustard on White.	
<b>Gino's Grinder</b> 🍷	<b>\$7.75</b>
Capicola, pepperoni, provolone, roasted red peppers, red onion, Vinaigrette on a Baguette.	
<b>Dab's Delight</b> <b>Changed!</b>	<b>\$7.99</b>
Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), cheddar, tomato on Wheat.	
<b>Maya's Market</b> 🌿	<b>\$7.50</b>
Havarti, basil pesto, artichoke hearts, roasted red peppers, tomato, red onion on Multigrain.	

**Grilled Cheese (no additions please)** 🌿  
Your choice of provolone, sharp cheddar or Swiss cheese on White.

# kid's call sandwiches

<b>PB &amp; J (12 and under please)</b> 🌿	<b>half</b>
Half a smooth PB & strawberry jam on white.	<b>\$2.75</b>
<b>Grilled Cheese (12 and under please)</b> 🌿	<b>\$2.75</b>
Half with your choice of provolone, sharp cheddar or Swiss cheese on White.	

# delicious duos

Your choice of soup or salad with one of the following half sandwiches:

<b>\$5.99</b>	
<b>Joel's Jolt</b>	<b>Kalid's Kurry</b>
<b>Pablo's Pavo</b>	<b>Henry's Ham</b>
<b>Cam's Classic</b>	<b>Ashlee's Albacore</b>
<b>\$6.25</b>	
<b>Avi's Avo</b>	<b>Betty's Brie</b>
<b>Bart's Bag</b>	<b>Carmela's Caprese</b>
<b>Stan's Stack</b>	<b>Enzo's Ending</b>
<b>Molly's Crisis</b>	

# soups \$5.25

Served in a bread bowl or with a side of sliced bread

Every Day	Wednesday	Saturday
Chicken Tortilla or Tomato Basil 🌿	Green Chile & Corn Chowder 🌿	Baked Potato & Bacon
Monday	Thursday	Sunday
Beef Barley	Beef Chili	Cream of Chicken & Dumpling
Tuesday	Friday	Spring-Fall
Butternut Squash	Clam Chowder	Gazpacho 🌿

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<b>Soup &amp; Salad Combo</b>	<b>\$5.75</b>
Small green salad & a small soup of your choice.	

# mac & cheese

Made to order orchetta pasta with a white cheddar sauce, topped with parmesan and house-made Italian bread crumbs with toasted garlic bread. Add small green salad for \$1.50.

<b>Classic Mac &amp; Cheese</b> 🌿	<b>\$6.75</b>
<b>Tomato Basil Mac &amp; Cheese</b> 🌿	<b>\$7.50</b>
<b>Bacon Mac &amp; Cheese</b>	<b>\$7.99</b>

# from the garden

All “from the garden” salads are served with Rustic Bread.

<b>Catch of the Sea</b>	<b>\$7.99</b>
Tuna salad (solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper), cucumber, tomato, red onion, Ranch dressing on mixed greens.	
<b>It's Greek To Me</b> 🍷 🌿	<b>\$7.99</b>
Feta, artichoke hearts, Greek olives, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.	
<b>Let's Play Chicken</b>	<b>\$7.99</b>
Chicken, cucumber, tomato, red onion, Ranch dressing on mixed greens.	
<b>Lettuce Grace Your Plate</b> 🌿	<b>\$6.25</b>
Cucumber, tomato, red onion, Ranch dressing on mixed greens.	
<b>Three's a Crowd</b> 🌿	<b>\$7.99</b>
Hummus, artichoke hearts, roasted red peppers, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.	

**Dressings:**  
1000 Island, Ranch, Honey Mustard, Italian or Vinaigrette

# beyond the garden

All “beyond the garden” salads are served with Garlic Crostini.

<b>Angus Management</b>	<b>\$8.99</b>
Certified Angus® Roast Beef, spiced cinnamon pecans, crumbled gorgonzola, cucumber, tomato, red onion, Italian dressing on mixed greens.	
<b>Et tu, Brute?</b>	<b>\$8.25</b>
Chicken, Caesar dressing, shaved parmesan on romaine.	
<b>Gobble Me Up!</b>	<b>\$8.99</b>
Turkey, spiced cinnamon pecans, dried cranberries, gorgonzola, cucumber, tomato, red onion, Ranch dressing on mixed greens.	
<b>Larry, Moe &amp; Curry</b>	<b>\$8.50</b>
Curry chicken salad (chicken, celery, scallion, curry powder, salt, white pepper, mayonnaise, raisins, jicama, lemon juice), toasted almonds, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.	
<b>Say Cheese!</b> 🌿	<b>\$8.50</b>
Fresh mozzarella, sliced tomato, fresh basil, roasted red peppers, cucumber, Vinaigrette dressing on romaine.	
<b>South by Southwest</b>	<b>\$8.50</b>
Southwest turkey salad (fresh roasted turkey, Anaheim chiles, cilantro, celery, red onion, chipotle chiles, mayonnaise, sour cream), avocado, cucumber, tomato, red onion, Ranch dressing on mixed greens.	

## bread line-up

### Daily

🌿 Baguette  
🌿 Ciabatta (9:00am)  
Cinnamon Raisin  
Focaccia (9:00am)  
Garlic Italian (9:00am)  
Multigrain  
Parisienne (9:00am)  
Pretzels (9:00am)  
Rustic  
Rye  
Wheat  
White  
Wheat Pita

### Monday

Green Chile & Provolone  
Parsley & Swiss  
Semolina & Sesame  
Sun Dried Tomato & Basil

### Tuesday

Feta, Spinach & Onion  
Jalapeño & Cheddar  
Marble Rye  
Pumpernickel

### Wednesday

Ancho, Chipotle & White Cheddar  
Brie, Scallion & Chive  
Cracked Wheat  
Rosemary

### Thursday

Jalapeño & Cheddar  
Olive  
Parmesan & Herb  
Sun Dried Tomato & Basil

### Friday

Challah (12:00pm)  
Chocolate Babka (12:00pm)  
Cranberry Pecan  
Feta, Spinach & Onion  
Green Chile & Provolone

### Saturday

Ancho, Chipotle & White Cheddar  
Fig & Pistachio  
Parmesan & Herb  
Parsley & Swiss  
Rosemary

### Sunday

Cranberry Pecan  
Marble Rye  
Parmesan & Herb  
Pumpernickel  
Walnut

### Special Orders

require a 96-hour notice

🌿 Bread that may be difficult to eat if you have sensitive teeth.

## daily specials

### MONDAY

**Zoe's Zinger** **\$7.99**

Chicken, bacon, spicy chipotle cream cheese, red onion on a Garlic Italian roll.

**Holly's Heaven** 🌿 **\$6.99**

Spicy chipotle cream cheese, red onion, tomato, green chiles, cucumber, roasted red peppers, mixed greens on a Torpedo roll.

### TUESDAY

**Rudy's Reuben** **\$8.25**

Corned beef, Swiss, sauerkraut, Russian dressing on Rye.

### WEDNESDAY

**Pete's Pepperoni** **\$6.99**

Pepperoni, provolone, roasted red peppers, sun-dried tomato garlic mayonnaise on a Philly Pretzel roll.

### THURSDAY

**Good Parma** **\$7.99**

Chicken, marinara sauce, provolone, parmesan, fresh basil, Caesar dressing on Parmesan Herb bread.

### FRIDAY

**Off the Hook (salad)** **\$8.99**

Baked salmon (seasoned with lemon pepper), tomato, cucumber, red onion, Italian dressing on mixed greens. Served with Garlic Crostini.

**Seward's Salmonwich** **\$8.75**

Baked salmon (seasoned with lemon pepper), tomato, mixed greens on Focaccia. Served with a side of cilantro lime aioli.

### SATURDAY

**Ernie's Everything Reuben** **\$8.25**

Corned beef, Swiss, vinegar slaw, Russian dressing on a Pretzel Everything roll.

### SUNDAY

**Carol's Cornucopia** **\$8.50**

Turkey, cranberry sauce, gorgonzola, romaine lettuce on Cranberry Pecan bread.

For a list of additional specials  
and information about catering visit  
[www.beyondbread.com](http://www.beyondbread.com)

## bread ingredients

Most breads are naturally leavened with no added sugar! We use only unbleached, unbromated, hard wheat flours.

🌿 Bread that may be difficult to eat if you have sensitive teeth 🐾 Bread that contains dairy

**Ancho, Chipotle & White Cheddar:** Wheat flour, water, white cheddar, ancho and chipotle chile, starter & sea salt. 🐾

**Baguette:** Wheat flour, water, starter & sea salt. 🌿

**Brie, Scallion & Chive:** Wheat flour, water, starter, brie, scallions, chives & sea salt.

**Challah:** Wheat flour, water, eggs, sugar, oil, yeast & sea salt. 🐾

**Chocolate Babka:** Wheat flour, eggs, butter, sugar, oil, chocolate, almonds, rum, vanilla, yeast, lemon zest, brown sugar, pecans, cinnamon & sea salt. 🐾

**Ciabatta:** Wheat flour, water, yeast & sea salt. 🌿

**Cinnamon Raisin:** Wheat flour, whole wheat, water, raisins, starter, cinnamon & sea salt.

**Cracked Wheat:** Wheat flour, water, cracked wheat, starter & sea salt.

**Cranberry Pecan:** Wheat flour, whole wheat, water, dried cranberries, pecans, starter & sea salt.

**Feta, Spinach & Onion:** Wheat flour, water, feta cheese, spinach, roasted onions, starter & sea salt. 🐾

**Fig & Pistachio:** Wheat flour, water, starter, figs, pistachios, anise & sea salt.

**Focaccia:** Wheat flour, water, starter, pure olive oil, milk, herbs & spices, yeast & sea salt. 🐾

**Garlic Italian:** Wheat flour, semolina, water, oil, garlic, yeast & sea salt.

**Green Chile & Provolone:** Wheat flour, water, provolone, green chile, starter & sea salt. 🐾

**Jalapeño & Cheddar:** Wheat flour, water, jalapeños, Wisconsin cheddar, starter & sea salt. 🐾

**Kalamata Olive:** Wheat flour, water, kalamata olives, starter & sea salt.

**Marble Rye:** Wheat flour, rye flour, pumpernickel meal, water, molasses, caramel extract, caraway, starter & sea salt.

**Multigrain:** Stone ground whole wheat flour, water, oats, wheat flour, sunflower seeds, cracked wheat, millet, flax seeds, honey, starter & sea salt. ★ Corn syrup free.

**Parisienne:** Wheat flour, water, yeast & sea salt.

**Parmesan & Herb:** Wheat flour, water, parmesan, thyme, oregano, starter & sea salt.

**Parsley & Swiss:** Wheat flour, water, Swiss, parsley, starter & sea salt. 🐾

**Pretzel:** Wheat flour, water, starter, yeast & sea salt.

**Pumpernickel:** Wheat flour, rye flour, pumpernickel meal, water, molasses, caramel extract, caraway, starter & sea salt.

**Rosemary:** Wheat flour, water, rosemary, starter & sea salt.

**Rustic:** Wheat flour, semolina, whole wheat, water, starter, toasted white and black sesame seeds & sea salt.

**Rye:** Wheat flour, rye flour, water, starter, caraway & sea salt.

**Semolina:** Semolina, Durham flour, wheat flour, pure olive oil, starter, sesame seeds & sea salt.

**Sun Dried Tomato & Basil:** Wheat flour, water, sun dried tomatoes, basil, starter & sea salt.

**Wheat Pita:** Stone ground whole wheat flour, wheat flour, bran, water, starter & sea salt.

**Walnut:** Wheat flour, stone ground whole wheat, water, walnuts, starter & sea salt.

**Wheat:** Stone ground whole wheat, wheat flour, water, starter & sea salt.

**White:** Wheat flour, water, starter & sea salt.



### NORTHWEST

421 W. Ina (at Oracle)

Tel: 461-1111 • Fax: 461-1051

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

### EAST

Monterey Village

6260 E. Speedway (at Wilmot)

Tel: 747-7477 • Fax: 747-5338

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

### CENTRAL

3026 N. Campbell (between Glenn & Ft. Lowell)

Tel: 322-9965 • Fax: 322-9938

(IF FAXING AN ORDER YOU MUST CALL TO CONFIRM)

### HOURS:

Mon.-Fri. 6:30-8:00

Sat. 7:00-8:00 Sun. 7:00-6:00

Visit us online at [www.beyondbread.com](http://www.beyondbread.com)

## brian's breakfast bash

served 6:30am-10:30am weekdays and 7:00am-11:00am weekends.

**Cindy's Raisin Challah French Toast** **\$5.50**

3 pieces served with powdered sugar & syrup.

**Otis's Oatmeal** **\$3.50**

Beyond Bread's unique blend of oats and grains slowly cooked each morning. Served with brown sugar & dried fruit with a side of milk.

**Quinn's Quiche** **\$3.95**

Changes Daily.

**Granola with Skim or Whole Milk** **\$3.95**

**Yogurt Parfait** **\$3.95**

## omelets

Served with choice of white, wheat, multigrain or rustic toast and potato pancakes or roasted red potatoes. **Sub Egg Beaters for an extra .50¢**

### BCT

Bacon, cheddar, tomato.

### Go Greek

Olive paste, red onion, tomato, artichoke hearts, feta.

### Green Eggs & Ham

Pesto, ham, provolone.

### Breakfast Bruschetta

Tomato, fresh basil, parmesan.

### Old Pueblo

Chicken, green chiles, avocado, provolone.

### Good Morning Denver

Ham, onion, roasted red peppers, Swiss.

## egg sandwiches **\$5.95**

Served with choice of potato pancakes or roasted red potatoes.

### Bernie's Bacon

Bacon, cheddar, tomato on White.

### Morgan's Merger

Ham, Swiss, roasted red peppers, red onion on White.

### Ignacio's Italian

Tomato, fresh basil, parmesan on White.

### Santiago's Sonoran

Ham, provolone, green chiles on White.

## See our pastry line-up for...

### Scones, Muffins, Croissants, Coffee Cake

and many more freshly baked breakfast pastries.

Perfect with a drink from our **full espresso bar!**

## pastry line-up

### Cookies, Bars & Brownies

Chocolate Chip  
Oatmeal Raisin  
Death by Chocolate  
Peanut Butter  
Magic Bar  
Lemon Bar  
Raspberry Bar  
Espresso Brownie  
Cheesecake Brownie

### Tarts

Vanilla Fresh Fruit Tart  
Chocolate Fresh Fruit Tart  
Keylime Tart  
Hazelnut Tart

### Beyond Bread Sweets

Vanilla Bean Crème Brûlée  
Cannoli  
Éclair  
Granola  
Banana Bread

### Special Pastry Orders

require a 96-hour notice

### Breakfast Pastries

Scones - Cranberry White Chocolate, Maple, or Daily Scones  
Muffins - Daily and Bran Muffins  
Croissants - Almond, Chocolate, and Plain  
Cinnamon Roll  
Cinnamon Pecan Coffee Cake  
Cheese Pocket  
Snail  
Fruit Spiral  
Swirl - Hazelnut or Caramel Empanada

### Cakes & Cheesecakes

Raspberry Cake  
Tiramisu  
Chocolate Mousse Torte  
Carrot Cake  
Itsy Bitsy  
Mocha Cake  
Caramel Cake  
Cheesecakes – Vanilla Bean, Mixed Berry, New York, and Cookies & Cream