brian’s breakfast bash
served 6:30am-10:30am weekdays and 7:00am-11:00am weekends.

Sourdough French Toast (Temporarily Unavailable) 6
Otis’s Oatmeal (Temporarily Unavailable) 4.5
Beyond Bread’s unique blend of oats and grains slowly cooked each morning. Served with brown sugar & dried fruit with a side of milk.

Granola with Milk 4.5
Yogurt Parfait 4.5
Avocado Toast ✶
Avocado, bruschetta (tomato, cucumber & radish), fresh basil, on a slice of toasted White with Vinaigrette & mixed greens.

Kid’s French Toast Bites (12 and under please) (Temporarily Unavailable) 3.5

omelets (Made to order, please allow extra time) 8.5
Served with choice of White, Wheat, Multigrain or Rustic toast and roasted potatoes. Please no substitutions.

BCT (Temporarily Unavailable)
Bacon, cheddar, tomato.

Mediterranean (Temporarily Unavailable)
Tomato, artichoke hearts, feta.

Breakfast Bruschetta (Temporarily Unavailable)
Tomato, fresh basil, Parmesan.

Old Pueblo (Temporarily Unavailable)
Chicken, green chiles, provolone.

egg sandwiches 7
Add roasted potatoes or a side for an additional charge. Please no substitutions.

Bernie’s Bacon
Bacon, cheddar, tomato on White.

Morgan’s Merger
Ham, Swiss, roasted red peppers, red onion on White.

Ignacio’s Italian
Tomato, fresh basil, Parmesan on White.

Santiago’s Sonoran
Ham, provolone, green chiles on White.

Visit our website to see our full pastry line-up for...
Scones, Danish, Muffins, Kouign-amann, and many more freshly baked breakfast pastries.
**roasted turkey**

- **Avi’s Avo**
  Turkey, avocado, cucumber, sprouts, mayonnaise on Ciabatta.
  
- **Bart’s Bag**
  Turkey, brie, lettuce, tomato, red onion, honey mustard, mayonnaise on a Baguette.
  
- **Joel’s Jolt**
  Turkey, provolone, jalapeños, lettuce, tomato, onion, Russian dressing on Ciabatta.
  
- **Paloma’s Pavo**
  Southwest turkey salad, bacon, lettuce, tomato, avocado on toasted White.
  
- **Milton’s Melt**
  Turkey, bacon, sharp cheddar, tomato, Russian dressing on Rye.
  
- **Molly’s Crisis**
  Turkey, hummus, cucumber, sprouts, tomato, mayonnaise on Rustic.
  
- **Frida’s Flight**
  Turkey, bacon, sharp cheddar, lettuce, tomato, mayonnaise on toasted Jalapeño Cheddar.

- **Curt’s Club**
  Turkey, bacon, Swiss, lettuce, tomato, mayonnaise on toasted White. Double Decker.

**all natural chicken**

- **Maddy’s Madness**
  Chicken, bacon, provolone, avocado, lettuce, tomato, mayonnaise on toasted Multigrain.
  
- **Charlie’s Chicken**
  Chicken, bacon, sharp cheddar, tomato, red onion, barbecue sauce on a Torta roll.
  
- **Pauly’s Pesto**
  Chicken, provolone, basil sunflower pesto, artichoke hearts, tomato, Italian dressing on Focaccia.
  
- **Kalid’s Kurry**
  Curry chicken salad, toasted almonds, lettuce in a Wheat Pita.
  
- **Colette’s Cordon Bleu**
  Chicken, ham, Swiss, honey mustard on White.
  
- **Rex’s Revenge**
  Chicken, shaved Parmesan, lettuce, tomato, Caesar dressing on Focaccia.

**veggie**

- **Salam’s Shawarma**
  Plant based shawarma, beets, tomato, mixed greens, pickled onion, Cucumber Dill dressing on Wheat Pita.
  
- **Maya’s Market**
  Swiss, provolone, basil sunflower pesto, artichoke hearts, tomato, roasted red peppers, red onion on Multigrain.
  
- **Baily’s Beet**
  Beets, goat cheese & herb spread, cucumber, mixed greens, Balsamic Vinaigrette on Focaccia.
  
- **Annie’s Addiction**
  Hummus, cucumber, sprouts, tomato, red onion on Rustic.
  
- **Avocado Toast**
  Avocado, bruschetta (tomato, cucumber & radish), fresh basil, on a slice of toasted White with Vinaigrette & mixed greens.
  
- **Carmella’s Caprese**
  Fresh mozzarella, tomato, fresh basil, roasted red peppers, Balsamic Vinaigrette dressing on Focaccia.

**sandwich sides**

Choose ONE of the following:

- Beyond Bread Kettle Chips ........................ Included
- Baked Chips ........................................ Included
- Baby Carrots ....................................... Included
- Apple ................................................. Included
- Pasta Salad ........................................ extra .75
- Fat Free Vinegar Slaw ............................... extra .75
- Small Green Salad ................................. extra 1.25
- Sm Soup/Lg Soup .................................. extra 1.25/3.5

Gluten free wraps are available as a bread alternative on any sandwich or salad for an additional charge.
roast beef

**Brad’s Beef**  
Roast Beef, provolone, green chiles, red onion, Russian dressing on White.

**Gordo’s Gorgonzola**  
Roast Beef, garlic gorgonzola sauce, red onion on Rustic.

**Betty’s Brie**  
Roast Beef, brie, tomato, mayonnaise on a Baguette.

**Roger’s Roast**  
Roast Beef, lettuce, sharp cheddar, horseradish sauce on toasted Pretzel bread.

from the deli

**Rudy’s Reuben**  
Corned Beef, Swiss, sauerkraut, Russian dressing on Rye.

**Enzo’s Ending**  
Pepperoni, ham, provolone, sliced pickles, lettuce, tomato, red onion, Italian dressing on a Torta roll.

**Gino’s Grinder**  
Capicola, pepperoni, provolone, roasted red peppers, red onion, Vinaigrette on a Baguette.

**Max’s Muffalotta**  
Capicola, ham, pepperoni, provolone, artichoke hearts, roasted red peppers, olive paste, tomato, red onion, Vinaigrette on Ciabatta.

**Grilled Cheese** (no additions please)  
Your choice of provolone, sharp cheddar or Swiss cheese on White.

**Bob’s BLT**  
Bacon, lettuce, tomato, mayonnaise on toasted White.

kid’s call (12 & under please)

**PB & J**  
Half sandwich of smooth peanut butter & house strawberry apple jam on White.

**Grilled Cheese**  
Half sandwich with your choice of provolone, sharp cheddar or Swiss cheese on White.

**Kid’s Classic Mac & Cheese** (no additions please)  
Served with a side of toasted garlic bread.

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<th>half sandwiches</th>
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Make it a Delicious Duo and add a small soup or salad for $1.25!

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<td>Butternut Squash</td>
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<td>Green Chile &amp; Corn Chowder</td>
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<td>Beef Chili</td>
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<td>Clam Chowder</td>
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<td>Ribollita (Italian Stew)</td>
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<td>Cream of Chicken &amp; Dumpling</td>
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<td>Gazpacho</td>
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Small Soup/Large Soup  
3.5/6.5

Small Garden Salad  
3

Soup & Salad Combo  
6.5

Small soup & green salad with your choice of sliced bread.

mac & cheese

Made to order orecchiette pasta with a white cheddar and Parmesan sauce, and house-made Italian bread crumbs with toasted garlic bread. Add small green salad for $1.50.

**Classic Mac & Cheese**  
9

**Tomato Basil Mac & Cheese**  
9

**Bacon Mac & Cheese**  
9.5
### beyond the garden

All salads are served with Rustic bread and dressing on the side.

**Peace of the Middle East** NEW 10
- Plant based shawarma, beets, pickled onion, cucumbers, tomato, Cucumber Dill dressing on mixed greens with a side of Wheat Pita.

**It's Greek To Me** NEW 10
- Feta, artichoke hearts, Greek olives, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

**Gobble Me Up!** 11.5
- Turkey, spiced cinnamon walnuts, dried cranberries, crumbled gorgonzola, cucumber, tomato, red onion, Ranch dressing on mixed greens.

**South by Southwest** NEW 10.5
- Southwest turkey salad, avocado, cucumber, tomato, red onion, Ranch dressing on mixed greens.

**Catch of the Sea** NEW 10.5
- Tuna salad, cucumber, tomato, red onion, Ranch dressing on mixed greens.

**Larry, Moe & Curry** NEW 10.5
- Curry chicken salad, toasted almonds, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

**Et tu, Brute?** 10
- Chicken, shaved Parmesan, house-made croutons and Caesar dressing on romaine.

**Let’s Play Chicken** 10
- Chicken, cucumber, tomato, red onion, Ranch dressing on mixed greens.

**Angus Management** NEW 11.5
- Roast Beef, spiced cinnamon walnuts, crumbled gorgonzola, cucumber, tomato, red onion, Italian dressing on mixed greens.

**Three’s a Crowd** NEW 10
- Hummus, artichoke hearts, roasted red peppers, cucumber, tomato, red onion, Vinaigrette dressing on mixed greens.

### Dressings:

- **Russian**, **Ranch**, **Italian**, **Balsamic Vinaigrette**, **Honey Mustard** or **Cucumber Dill** (dairy & egg free)

### daily specials

<table>
<thead>
<tr>
<th><strong>MONDAY</strong></th>
<th>10.5</th>
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<tbody>
<tr>
<td>Zoe’s Zinger</td>
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<td>Chicken, bacon, spicy chipotle cream cheese, lettuce on Pretzel bread.</td>
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<th><strong>TUESDAY</strong></th>
<th>8.5</th>
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<tbody>
<tr>
<td>Carmichael Crunch</td>
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<tr>
<td>Carmichael chicken salad (chicken, apple, and cranberry relish) mixed greens, toasted almonds, buttermilk ranch dressing on Wheat Pita. <em>Carmichael Training Systems® approved!</em></td>
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<th><strong>WEDNESDAY</strong></th>
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<tbody>
<tr>
<td>Pete’s Pepperoni</td>
<td>8.5</td>
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<tr>
<td>Pepperoni, provolone, roasted red peppers, sun-dried tomato garlic mayonnaise on Pretzel bread.</td>
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<th><strong>THURSDAY</strong></th>
<th>10</th>
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<tr>
<td>Sonny’s Chicken</td>
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<tr>
<td>Chicken, provolone, roasted red peppers, sun-dried tomato garlic mayonnaise on Pretzel bread.</td>
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<th><strong>FRIDAY</strong></th>
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<tr>
<td>Off the Hook (salad)</td>
<td>11.5</td>
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<tr>
<td>Baked salmon (seasoned with lemon pepper), tomato, cucumber, red onion, Italian dressing on mixed greens.</td>
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<th><strong>SATURDAY</strong></th>
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<tbody>
<tr>
<td>Seward's Salmonwich</td>
<td>11.5</td>
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<tr>
<td>Baked salmon (seasoned with lemon pepper), tomato, mixed greens on Focaccia. Served with a side of cilantro lime aioli.</td>
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<th><strong>SUNDAY</strong></th>
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<tr>
<td>Carol’s Cornucopia</td>
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<tr>
<td>Turkey, cranberry sauce, gorgonzola, romaine lettuce on Cranberry Pecan.</td>
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- **NEW!**
- **Vegetarian**
- **Serv холод**
- **Dairy & Egg Free**

- **Curry chicken salad**: chicken, celery, scallion, curry powder, salt, white pepper, mayonnaise, raisins, jicama and lemon juice.
- **Southwest turkey salad**: fresh roasted turkey, Anaheim chiles, cilantro, celery, red onion, chipotle chiles, mayonnaise and sour cream.
- **Tuna salad**: solid white Albacore Tuna, mayonnaise, dijon mustard, fresh parsley, salt and pepper.

- **Tough crust**: indicates bread with a crust that may be difficult to eat if you have sensitive or delicate teeth. Please note that our olives may contain pits. Please be careful!
Most breads are naturally leavened with no added sugar! We use only unbleached, unbromated, hard wheat flours.

**Bread that may be difficult to eat if you have sensitive teeth**

- **Ancho, Chipotle & White Cheddar:** Wheat flour, water, white cheddar, ancho and chipotle chile, starter & sea salt.
- **Brie, Scallion & Chive:** Wheat flour, water, starter, brie, scallions, chives & sea salt.
- **Challah:** Wheat flour, water, eggs, sugar, vegetable oil, yeast & sea salt.
- **Chocolate Babka:** Wheat flour, eggs, butter, sugar, vegetable oil, chocolate, almonds, rum, vanilla, yeast, lemon zest, brown sugar, pecans, cinnamon & sea salt.
- **Ciabatta:** Wheat flour, water, yeast & sea salt.
- **Cinnamon Raisin:** Wheat flour, whole wheat, water, raisins, starter, cinnamon & sea salt.
- **Cranberry Pecan:** Wheat flour, whole wheat, water, dried cranberries, pecans, starter & sea salt.
- **Fig & Pistachio:** Wheat flour, water, starter, figs, pistachios, anise & sea salt.
- **Focaccia:** Wheat flour, water, starter, olive oil, vegetable oil, herbs & spices, yeast & sea salt.
- **Jalapeño & Cheddar:** Wheat flour, water, jalapeños, Wisconsin cheddar, starter & sea salt.
- **Kalamata Olive:** Wheat flour, water, kalamata olives, starter & sea salt.
- **Marble Rye:** Wheat flour, rye flour, water, starter, caraway & sea salt.
- **Multigrain:** Stone ground whole wheat flour, water, oats, wheat flour, sunflower seeds, cracked wheat, millet, flax seeds, honey, starter & sea salt.
- **Parmesan & Herb:** Wheat flour, water, Parmesan, thyme, oregano, starter & sea salt.
- **Parsley & Swiss:** Wheat flour, water, Swiss, parsley, starter & sea salt.
- **Pretzel:** Wheat flour, water, starter, yeast & sea salt.
- **Pumpernickel:** Wheat flour, rye flour, pumpernickel meal, water, molasses, caramel extract, caraway, starter & sea salt.
- **Rosemary:** Wheat flour, water, rosemary, starter & sea salt.
- **Rustic:** Wheat flour, semolina, whole wheat, water, starter, toasted white and black sesame seeds & sea salt.
- **Rye:** Wheat flour, rye flour, water, starter, caraway & sea salt.
- **Semolina:** Semolina, Durham flour, wheat flour, olive oil, starter, sesame seeds & sea salt.
- **Torta Roll:** Wheat flour, water, yeast & sea salt.
- **Wheat Pita:** Stone ground whole wheat flour, wheat flour, bran, water, starter & sea salt.
- **Walnut:** Wheat flour, stone ground whole wheat, water, walnuts, starter & sea salt.
- **White:** Wheat flour, water, starter & sea salt.

**Bread ingredients**

**Daily**
- Baguette
- Ciabatta
- Cinnamon Raisin
- Focaccia
- Jalapeño & Cheddar
- Multigrain
- Pretzels
- Rustic
- Rye
- Torta Roll
- Wheat
- White

**Monday**
- Parsley & Swiss
- Semolina & Sesame

**Tuesday**
- Brie, Scallion & Chive
- Marble Rye
- Pumpernickel

**Wednesday**
- Ancho, Chipotle & White Cheddar
- Rosemary

**Thursday**
- Olive
- Parmesan & Herb
- Walnut

**Friday**
- Challah (11am)
- Chocolate Babka (11am)
- Cranberry Pecan
- Parmesan & Herb

**Saturday**
- Ancho, Chipotle & White Cheddar
- Fig & Pistachio
- Rosemary

**Sunday**
- Cranberry Pecan
- Marble Rye
- Parmesan & Herb
- Pumpernickel

**Special Orders**
require a 96-hour notice

- **Friday**
  - Bread that may be difficult to eat if you have sensitive teeth

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**pastry offerings**

- Cookies, Bars & Brownies
- Breakfast Pastries
- Assorted Sweets & Tarts
- Cakes & Cheesecakes

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**BackDough by beyond bread**

*made-from-scratch specialties:*
- fruit pies
- cream pies
- pot pies
- seasonal pies and much more!

**Monterey Village**
6260 E. Speedway (at Wilmot) Tel: 629-4111

For a list of all pies and information about the Back Dough visit [www.backdough.com](http://www.backdough.com)